

# GLOSSARY

*awareness*—that sense of life at the core of an individual's experience at any given moment. There are seven primary postures of human awareness.

- *thinking* is an experience of explicit meaning. It is one of the three primary realms of human experience and involves the more advanced forebrain functions of the central nervous system.
- *feeling* is an experience of implicit meaning. It is another one of the primary realms of experience and is closely involved with midbrain functions.
- *tending* is an experience of tacit meaning. It is the third primary realm of human experience and is associated with the very basic hindbrain and spinal cord functions of our central nervous system, which involve both our life-support activities (tending to) and our capacity to move on (tending toward).
- *sensing* is a mixture of feeling and tending that involves both an implicit and tacit experience of meaning.
- *intuiting* is a mixture of thinking and tending that involves an experience of both explicit and tacit meaning.
- *perceiving* is an experience-state that blends the thinking and explicit with the feeling and implicit, and it differs from judging by being oriented to gathering more information.
- *judging* is an experience-state that is a blend of thinking and feeling and the explicit and implicit, and it differs from perceiving by being oriented to obtaining greater resolution.

*behesting* a mode of human becoming in which one is personally involved in the historical experience of life.

*beholding* a mode of human becoming in which one is personally involved in the philosophical experience of life.

*believing* a mode of human becoming in which one is personally involved in the religious experience of life.

*belonging* a mode of human becoming in which one is personally involved in the scientific experience of life.

*bespeaking* a mode of human becoming in which one is personally involved in the artistic experience of life.

*besteading* a mode of human becoming in which one is personally involved in the political and economic experience of life.

*context*—the “set” or frame of reference into which any shred of experience is put to make it meaningful.

*context-puncture*—a break, gap, or tear in an individual’s life-defining context. It occurs only in rare moments and is a time when the *more* (of one’s life and the experience of it) rushes in.

*dis-ease* & *disease*—*dis-ease* is a disturbance of the soul and *disease* is a distortion of it.

*Embodiment*—the physicality of all human life and experience.

*Enactment*—the rendering of human experience into a particular behavior, be it a thought, word, deed, or combination thereof. There is no human experience that is not embodied and enacted.

*engagement* an instance of two people knowingly experiencing *presence* at the same moment.

*event* an instance of two or more engagements occurring simultaneously and inter-affecting the lives of all involved.

*experience*—individual life in the act of *making-sense*. It is the fundament of human life and the earliest indication of it. It includes *awareness* and *more* (i.e., the rest of what there is to someone outside the sense of life he or she is aware of at the moment). Experience has a primary

and a secondary form; its *secondary* form is awareness, and its other form is called *primary* because awareness is contained in it rather than vice versa.

*insight*—a re-arranging of the way experience is seen by awareness. While expanding one's awareness (*secondary experience*) may increase one's vocabulary, it does not increase one's experience (*primary experience*). Insight often brings with it the conviction that no one else has made the discovery before.

*making-sense*—the act in which life is named and known by human beings. It gives rise to all human experience.

*more & More*—the *more* is the rest of what there is to an individual's experience outside of his awareness or "picture" of it, and the *More* is the rest of what there is outside of one's experience.

*motions of life* the main movements that occur in varying order and in no regular sequence in the life of an individual. The motions of life are: experiencing, expanding, existing, exploring, excusing, exerting, exceeding, expressing, extracting, extending, and extinguishing.

*soul*—what an individual's being is becoming. It is seen in the full sweep of a life, and in that characteristic way—as unique as one's fingerprint and developed across time—in which an individual thinks, feels, tends, judges, perceives, senses, intuit, and experiences overall. All human experience affects the soul and is elaborated by it.

*soul line*—that unbroken line of lived experience running throughout an individual's lifetime.

*spirit & Spirit*—spirit is soul in the act of moving forth to meet and be met by the power of life anew. It is sensed in moments so special that traces of these may remain in an individual's life forever. In such moments, one's picture of self, others, and the world are changed so greatly that they are never the same again. *Spirit* is the enlivening, quickening, 'breath of life' that can only be spoken of metaphorically, but which can be experienced directly and known as holy.